



GRANDLOTUS TRAVEL & TOURS

Ticketing, Inbound & Outbound Tours

(Reg.No:157276-U)

No.54, Jalan Tun H.S.Lee, 50000 Kuala Lumpur

Tel: 03-2070 0300

Fax: 03-2070 7080

e-mail: inbound@airlotus.com

website: www.airlotus.com

5D/4N Mt. Kinabalu Climbing Tour

Day 01 KUALA LUMPUR – KOTA KINABALU

You will meet upon arrival at the airport and proceed for an easy 2 hours overland journey to Kinabalu Park – Malaysia's 1st World Heritage site. Kinabalu Park gazetted in 1964 with an area of 754sq km is dub as botanical paradise. Home to half of the world flowering plants species it is also fame for the Majestic Mt.Kinabalu (4,095m) – Highest mountain in South east Asia. Visit the Mountain Garden to learn more the flowering plants found at Kinabalu National Park. Then we could visit the exhibition centre or just step into Wonderland by following any of the numerous trails around park, each filled with discovery. Then we proceed about 40km east of Kinabalu Park HQ lies Poring Hot Spring, a natural wonder where hot sulphur spring bubbles out of the earth and a canopy walkway (41m) span for 157m from tree to tree, a rare opportunity to get a bird's eye view of the rainforest. A must visit is the Treetop *Canopy Walkway* and take a dip in the open air *Japanese styled bathtub* which the hot sulphuric water is believed to have curative powers. Return to check in to accommodation at Resort in Kundasang area.

- Overnight at Resort in Kundasang area
- (Meal: Set Lunch, Set Dinner)

Day 02

Early breakfast, then proceed to Park Headquarter for registration and meet up with your Mountain Guide at the reception. After briefing and preparation, commence your journey to Timpohon Gate and then you will start your trek to Laban Rata approximately 4-5 hours depending on individual's fitness level. Packed lunch around noon and then you will make the final trek to Laban Rata Resthouse (3,353m). Check-in to your dormitory room and the rest of the afternoon at leisure to explore the surrounding or simply soak in the scenery spread beneath you. Dinner will be served at Laban Rata Resthouse.

- Overnight at Mt. Resthouse (dormitory type with bunk bed) – NON HEATED
- (Meal: Breakfast, Packed Lunch, Dinner)

Day 03

Wake up as early as 02:00hrs for another 3-hours track. There are ladders, hand railings and ropes to help you over the steeper parts. You reach the final destination at Low's peak, the summit of Borneo at 4,095.2m to catch the magnificent sunrise. Congratulations !!! Watching sunrise at the top has been described by travellers everywhere as a life-enriching experience. Then descending back to the resthouse for a well deserve breakfast then onwards back to Timpohon Gate. Transfer to Park HQ and collect your certificate of achievement. Set Lunch at Park Restaurant. Then return to Kota Kinabalu.

- Overnight at Radius International Hotel
- (Meal: Breakfast, Set Lunch)

Day 04

Padas WhiteWater Rafting tour.

- Overnight at Radius International Hotel
- (Meal: Breakfast, BBQ Lunch)

Day 05

After breakfast, free at own leisure until transfer to airport for departure flight home. [Breakfast]